

SUMMER CAMP



2014

SATURDAY
26 JULY –
SATURDAY
2 AUGUST

WALESBY
FOREST
OUTDOOR

Contents

Camp Information
Activities
Keeping In Touch
Money & Postal Address
Camp Philosophy
Introduction to Walesby
Personal Kit List
Camp Routine
Tips for a Great Camp

Information for
Scouts & Parents



CAMP INFORMATION

Dear Parents and Scouts:

Here is your copy of the information for our summer camp this year to Walesby Forest, Nottinghamshire. Please refer to each section and pay particular attention to the kit list. If there are any problems with obtaining kit then please speak to myself or Candy, we have spares of most items such as roll mats etc.

Meeting Time at Scout Headquarters:

We will be meeting at **1100hrs prompt**, on Saturday 26 July 2014. Please ensure that your child arrives on time as late arrivals will cause us problems. The journey to the campsite is approximately 2.5 hours.



Full uniform must be worn on departure and arrival from the Scout HQ. Troop sweatshirts are to be worn if not in possession of a uniform. All scouts will require a packed lunch & drink for the journey please. Please see note regarding travel sickness below.

Returning Time to Scout Headquarters:

Scouts will be available for collection at **1600hrs** on Saturday 2 August 2014. **Scouts will not be available to leave before this time** as there is always a lot of work to be done when we return to the HQ such as cleaning and putting away kit. We will ensure that your child is able to contact you should there be any dramatic change to this time.

Health Forms:

Health Information Forms will be handed out on Friday 25 July and are to be returned completed and signed on the Saturday please. Please note that some of the activities listed below are funded via separate fundraising and if for any reason your child is unable to participate due, for example, to health reasons beyond our control then we are unable to provide any refund in kind. We do reserve the right to exclude children from certain activities if their behaviour threatens the enjoyment or safety of the other children although there would have to be an exceptional case.



ACTIVITIES

Please also note that the minibus journey to Walesby Forest will take approximately 2.5 hours. If your child suffers from travel sickness they may need to take some form of medication as necessary. This, and any other medication that your child may need to take throughout the camp, will need to be handed to us on the morning of departure along with details of dosage and when it is to be taken etc. A qualified first aider will be available for administering all such medication throughout the camp. Please speak to us if you have any specific health or diet concerns etc.

General Activities:

All general activities whether run by us or by other third parties will conform to the rules and standards of the respective national governing bodies and to those of the Scout Association. All of our activities on camp from the departure to return to base are run in accordance with the Scout Association's Policy, Organisation and Rules (POR).

Swimming Activities:

To participate in the swimming activities it is essential that the relevant sections on the Health Form are completed. These activities will be fully supervised and therefore it is not a problem if your child is not able to swim 50m but we do need to know so we can gauge the appropriate supervision required.

If you do have any queries or concerns regarding the above then please get in touch with us either by phone, e-mail or on a troop night.



KEEPING IN TOUCH

How we will contact you:

If we need to make contact with you whilst your child is with us at camp we will make contact by phone. It is important that your contact details on the health form are correct so please check very carefully. *In the event of any problem/emergency we will make contact with you direct from camp.*

If you need to make contact with us:

If you need to make contact with us while we are away you can contact us on the numbers below; either call or drop us a text. If you have an urgent issue that needs to be communicated to us at camp you can phone us anytime.

Nigel – 07583 760003 or Candy – 07817 404854

Sometimes mobile phone signal can be unreliable, as a last resort the site telephone number is 01623 860202. The site staff will be able to pass a message on. Please note this number is office hours only so please try us first.

Keeping in contact with your child:

We normally allow scouts the opportunity to call home every evening whilst we are away. However, on occasion this may not be practical.

- It is a very good idea to provide some loose change for this purpose as we are unable to provide this.
- Mobile phones: please refer to the note below under equipment about mobile phones. We will normally give the scouts the opportunity to use their mobiles during the evening.

You can also follow us on Twitter, where we will be sending out progress updates and photos during the week. Search for @HeyfordScoutsUK:



[SCOUTS]

POSTAL ADDRESS & MONEY

Postal Address:

The following postal address should be used for sending letters to Scouts:

Name of Child

1st Heyford Park Scout Troop
Walesby Forest Outdoor Adventure Centre
Brake Road
Walesby
Newark
Nottinghamshire, NG22 9NG



NB. It is not possible for the campsite to forward mail after our date of departure, so please ensure that mail reaches the scouts before we leave!

All scouts will have the opportunity to buy and send postcards home if they want to. It may be a good idea to pack some stamps for this purpose.

Pocket Money:

We set a pocket money limit of £30 for summer camp. Please note that this is a **maximum** amount. There is a small shop on the campsite to buy souvenirs, sweets and soft drinks etc.

NB. Pocket money is to be handed to us on the day of departure in a sealed envelope with the Scouts name and amount clearly marked. We will then look after the money for the duration of the camp and issue a suitable amount for each activity or trip. **It would really help us out if some change was included within any pocket money to help us distribute it over the week. This also helps with telephone calls home.**



Camp Cakes:

Are you able to supply a cake for us to take to camp? Scouts have always enjoyed home made cakes in the past! Although if this isn't possible, a shop bought one is fine to. If you supply your cake in a container please make sure the container is clearly marked for easy identification and return at the end of camp.



1st Heyford Park Scout Troop
www.heyfordparkscouts.org.uk

E-mail: scouts@heyfordparkscouts.org.uk

Scout Leader: Nigel Heinrich, 29 Bader Drive, Upper Heyford, Oxon, OX25 5TN

ASL: Candy Stallard

Home: 01869 233383

Mobile: Nigel 07583 760003

Mobile: Candy 07817 404854

CAMP PHILOSOPHY

Some Thoughts on Camp...

The aim of our summer camp is primarily to have fun in a positive outdoors environment. To achieve this we require all scouts to come along with an attitude of participation and a big dose of respect for the views and opinions of other scouts and leaders in the troop and those that we share the site with. We are a uniformed organisation who are committed to not only having fun but also to the training programmes laid down by the scout association for our progression and development as scouts.

As a troop we *do not* tolerate bullying, harassment or picking on others and view this kind of behaviour as totally unacceptable and not in keeping with the spirit of scouting. With this in mind we do reserve the right to ask parents to come and collect children whose behaviour threatens the enjoyment or safety of the other scouts on our camp or on the site although there would have to be an exceptional case and something we have not had to do in over 12 years of running scout camps.

Note about Kit:

Please try and keep the amount of kit taken to one large bag/rucksack and

one small bag e.g. school bag. Large kit bags will be loaded onto the lorry and the small bag can be used to carry packed lunch etc. during travel and on our day trips etc. **We will be holding a kit check on the Friday prior to camp. This will be held between 7 – 9pm on Friday 25 July 2014. Scouts will need to bring their full kit minus travel items. Once checked kit will remain at the scout hut ready for loading the next morning**

Please contact us if you have any further questions about the camp, our details are at the bottom of the page. Thank you.

Nigel & Candy

“Stimulation” drinks such as ‘Kick’ & ‘Red Bull’ – We do not allow these at camp unless parents have specifically told us they’re happy for their child to purchase and drink them.



1st Heyford Park Scout Troop

www.heyfordparkscouts.org.uk

E-mail: scouts@heyfordparkscouts.org.uk

Scout Leader: Nigel Heinrich, 29 Bader Drive, Upper Heyford, Oxon, OX25 5TN

ASL: Candy Stallard

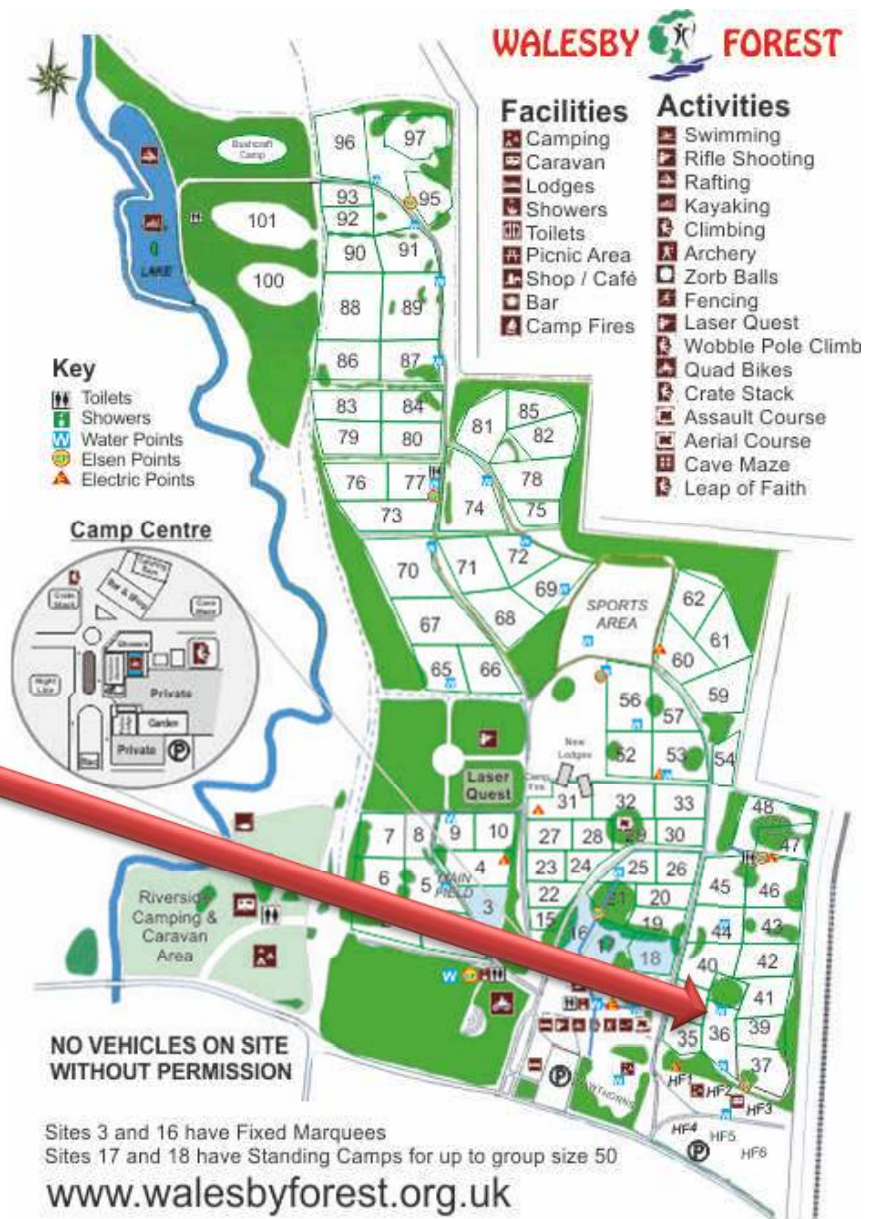
Home: 01869 233383

Mobile: Nigel 07583 760003

Mobile: Candy 07817 404854

WALESBY FOREST

“Walesby Forest is an International Outdoor Educational Activity Centre with over 40 adventure activities and offers a range of accommodation for groups in its extensive forest woodlands and two hundred and fifty acres of natural forest.”



PERSONAL KIT LIST



The list below is for guidance only. If you have problems getting hold of any of the items on the list then please speak to one of the camp leaders ASAP. Please note the following:

Mobile Phones: We do not allow mobile phones on Troop nights, the same goes for camp. However, we do appreciate that children like to keep in touch with their parents. **If a mobile phone is brought to camp, please could you hand it in to us on the day of departure** –

we will secure it and make it available at the appropriate times. We will be doing lots of activities: phones have a habit of getting **broken** or **lost** or even pinched which is why we ask for them to be handed in.

The same applies for portable music players and electronic games and similar which are not allowed at camp. If found they will be returned at the end of camp only. Please do not allow your child to bring them in the first instance.

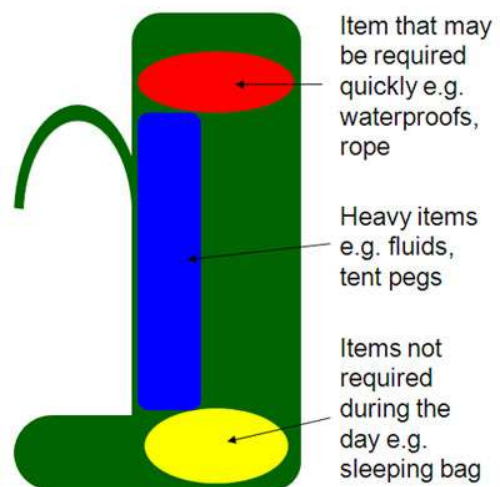
Penknives will be handed into us at the beginning of camp and used for specified activities only.

NB: The camp leaders can accept no responsibility for the personal equipment/clothing and effects of scouts attending the camp. The Scout Association does not provide automatic insurance cover in respect of such items. You are advised to consider taking out separate cover.

Kit check:

We will be holding a kit check on the Friday prior to camp. This will be held between 7 – 9pm on Friday 25 July 2014.

Scouts will need to bring their full kit minus travel items. Once kit is checked it will remain at the scout hut ready for loading the next morning. **Troop t-shirts and sweats shirts will be issued on this Friday.**



PERSONAL KIT LIST



Summer Camp 2014 Kit List	<input checked="" type="checkbox"/>
Full Uniform & Troop Rugby Shirt & a coat hanger please	<input type="checkbox"/>
2 x warm sweaters/jumpers	<input type="checkbox"/>
4 x T-shirts or similar	<input type="checkbox"/>
2 x long activity trousers	<input type="checkbox"/>
2 x Shorts	<input type="checkbox"/>
1 x set of tidy (smart casual) clothes for days out/trips i.e. cinema	<input type="checkbox"/>
Spare socks and underclothes (enough for the week!)	<input type="checkbox"/>
Nightwear	<input type="checkbox"/>
Hike boots or strong shoes	<input type="checkbox"/>
Training shoes, if possible 2 pairs in case one gets wet.	<input type="checkbox"/>
Waterproof jacket or similar coat	<input type="checkbox"/>
Swimwear	<input type="checkbox"/>
Hat, gloves and scarf	<input type="checkbox"/>
Sleeping bag & roll mat NB sun hat highly recommended	<input type="checkbox"/>
Plate, cup, bowl, knife, fork and spoon. Please supply a suitable bag for storing these in.	<input type="checkbox"/>
Tea Towel	<input type="checkbox"/>
Wash kit and Towel & Hankies	<input type="checkbox"/>
Personal sun lotion	<input type="checkbox"/>
Torch and spare batteries (enough for the week!)	<input type="checkbox"/>
Plastic drinks bottle container	<input type="checkbox"/>
Plastic container for lunches to be stored in (some activities are off-site.) would be a good idea	<input type="checkbox"/>

- All items should be clearly labelled with the scout's name
- It is best to pack a rucksack or other bag that you can carry on your back. **Suitcases are not suitable for use in tents.**
- There is no requirement for scouts to bring a personal first aid kit.



CAMP ROUTINE

What to expect during camp...

- ✦ We generally break each day down into three main activities: morning, afternoon and evening. We're normally up and running by 0730hrs each day. This is mostly dependant on which leader's turn it is to put the water on!
- ✦ A kit inspection is generally held every other morning just to ensure the scouts keep on top of their tents and the lost property doesn't take over the camp site.
- ✦ In their patrols scouts will also take it in turns to perform both cooking and duty patrols during the day. Breakfast and supper for the whole troop are cooked by the scouts under the supervision of one of the leaders.
- ✦ Each day usually concludes with a campfire including songs and skits. These are normally a great opportunity to relax for all and the chance for some (relatively!) quiet time. Lights out is usually at around 2300hrs.
- ✦ Patrols usually compete during the week as part of a competition to win prizes during the week. This helps to promote a friendly rivalry amongst scouts and provides an added incentive to try their best during activities and also during "chore time!"



TIPS FOR A GREAT CAMP



There is a payphone, tuck shop, chocolate machine and a drinks machine on site so bring some pocket money in small change i.e. 10p, 20p, 50p and £1 coins.



No-one likes a smelly scout! It sounds obvious, but when you're on camp make sure you wash! There are very good toilets and showers on the campsite – a hot shower is a great way to finish or start the day.



Be friendly, very friendly. Friends are your best friends at camp. If you don't get on with some people, try a bit harder or find someone you do. Don't forget to make the new Scouts welcome – it's their first summer camp and can be quite daunting!



There will always be free time to explore, relax, sunbathe and take it easy. If you want more free time – just ask one of the leaders!



Losing your kit is a very bad idea. The only way to avoid this is to keep that tent of your tidy, very tidy indeed. Make sure you pack your own kit and clothes for camp because that way you will know where everything is when you need it.



If you have an accident, no matter how small, make sure you tell a leader.



Be careful not to drop litter or food around camp. We will only have to clear it up and left over food tempts animals who may be cute but also make a mess and can chew through our tents! And don't keep food, drinks or sweets in your tents as squirrels love to feast.



Camping can sometimes be hard work so try and make time each day to help someone who is struggling. Remember we all have to live together for the week.



Washing up. Has to be done and it's easier to get it over and done with so we can all get on with the fun stuff.



Please and thank you can go a long way. Remember to smile lots, laugh lots & have fun!

